

Regional Innovation Network "Healthy Ageing"



- One of six formally designated health-promotion regions in the regional cluster "Gesundheitswirtschaft.NRW"
- Association established 1st July 2009
- Number of founding members: 50
- Current number of members: 135
- Purpose of the association: Promotion of science, research, private-sector economy, health-care sector and politics and their integration in a regional cluster for medical care and health care.
- Sponsorships for specific topics in the North-Rhine Westphalian health-promotion regions: "Health Promotion for All Generations"



Regional Innovation Network "Healthy Ageing"

- Ministry: North-Rhine Westphalian Ministry of Innovation, Scientific Affairs and Research

Ministerium für Innovation,
Wissenschaft und Forschung
des Landes Nordrhein-Westfalen



- Project term: 36 months
(4th January 2013 - 31st December 2015)



**Minister of Scientific Affairs
Svenja Schulze**

"Fortschritt NRW" envisions a scientific community that is willing again to assume greater responsibility for our society. It is about preserving people's prosperity and well-being without losing sight of our ecological, economic, social and cultural living resources."

Gefördert durch:

Ministerium für Innovation,
Wissenschaft und Forschung
des Landes Nordrhein-Westfalen



Rechtsträger:

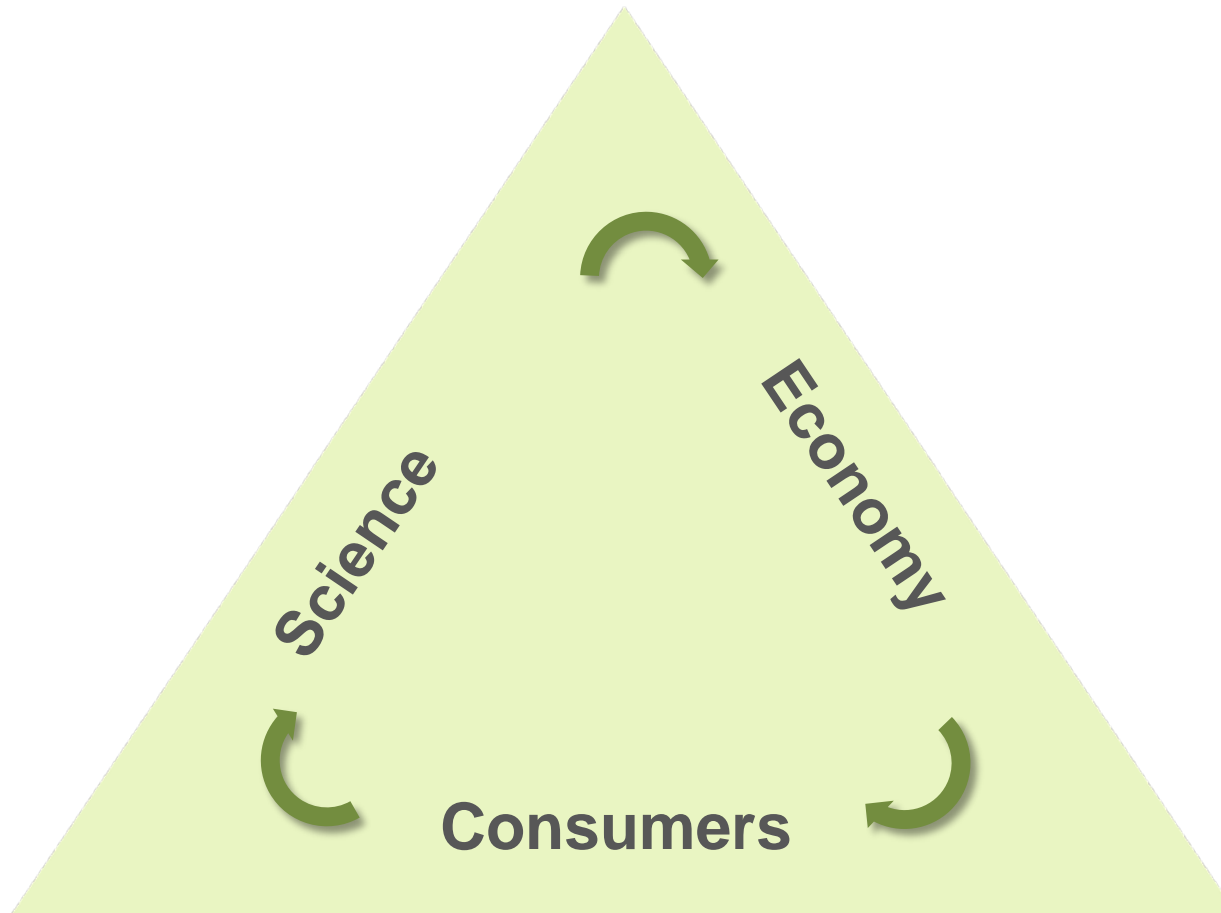


- Progress Research Group
- Centres of Progress
- Progress Fora
- Regional Innovation Networks



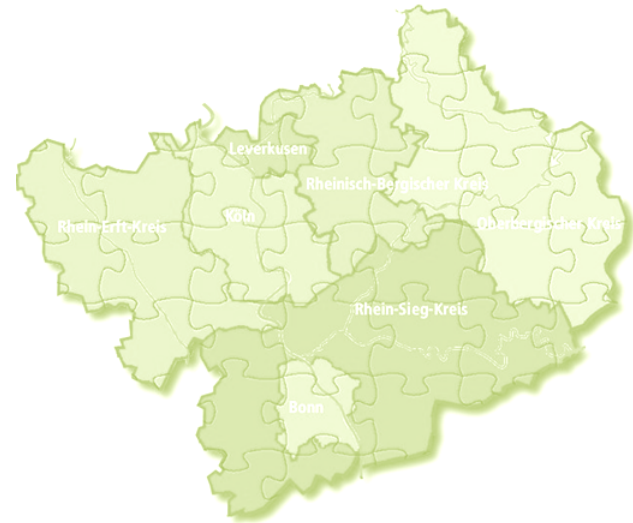
**Ministerium für Innovation,
Wissenschaft und Forschung
des Landes Nordrhein-Westfalen**





Objective

Put together the special competencies existing in the Rhineland on the subject „Healthy Ageing“ to transdisciplinary work...



... In order to guarantee that elderly people can enjoy good health and secure living conditions.

Tasks



Previous Activities: Events

Grand Challenges: Answers from NRW Active and Healthy Ageing – Translational Research as source of innovations 06th February 2013 in Brussels



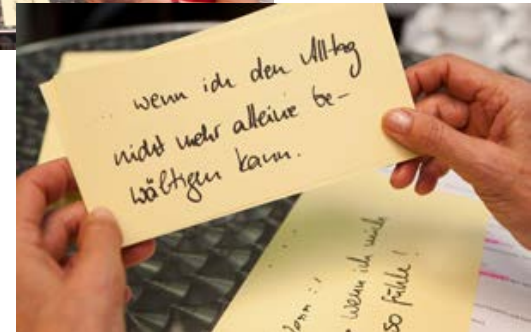
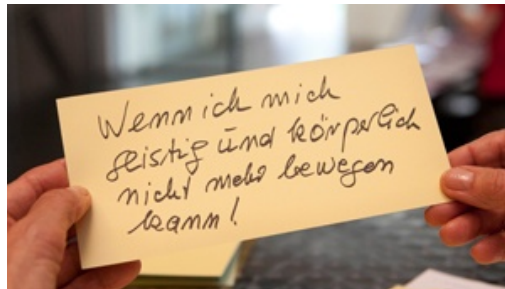
Previous Activities: Events

Kick-off meeting Regional Innovation Network “Healthy Ageing” 15th April 2013 in Cologne



Previous Activities: Events

"Fortschritt NRW" Forum "At the hub of things - Quality of Life in Old Age" 24th June 2013 in Cologne



Previous Activities: German Federal Ministry of Education and Research Challenge: “Health-Promotion & Service-Providing Regions of the Future”



Regionales
Innovationsnetzwerk
Gesundes Altern

Aktives und Gesundes
Altern im Rheinland –
AHA Rheinland



SORGE
("Care")
Systematic-
Medicine Model
reflecting medical
care as provided
in the real world

SONORIS
Design and
testing of
Integrated
Health-Care
schemes

ZKS Köln



Institut für
Medizinsoziologie,
Versorgungsforschung und
Rehabilitationswissenschaft

i:imvr



UNIKLINIK
KÖLN

:rhein-sieg-kreis



Deutsche
Sporthochschule Köln
German Sport University Cologne



BARMER
GEK
die gesund
experten



SMART-NET
Strengthening of the
public's health
literacy

QUINTA
Qualification to
prepare for
integrated health-
care tasks



UNIKLINIK
KÖLN
Institut für
Gesundheitsökonomie und
Klinische Epidemiologie



pronova BKK



Fachhochschule Köln
Cologne University of Applied Sciences



Forum für eHealth und
Ambient Assisted Living



Gemeinnütziger
Hauspflegeverein
Solingen e.V.



TRANSFER
Development of business models and
guidelines



Gefördert durch:
Ministerium für Innovation,
Wissenschaft und Forschung
des Landes Nordrhein-Westfalen



Rechtsträger:



Previous Activities: Cooperation in requesting establishment of Progress Research Groups

- University of Cologne: “Good health till old age”
- Deutsche Sporthochschule Köln: “Exercise to stay fit and healthy till old age”
- COPT.NRW: „FLEOPS“(Flexible Optical Sensor Systems for health-care - old age - safety)
- Bonn University Department of Information Technology VI: „VITAL - Vernetzte intelligente Assistenzsysteme für ein selbst-bestimmtes Leben im Alter“(≈ integrated intelligent assistance systems to support autonomy in old age)
- Bonn University: Institute Pharmacology and Toxicology: „BrainCure – Neurological diseases and their treatment: challenges facing us in the future“

Progress Research Groups

- „Fortschritt NRW“Tool
- Sponsoring for interdisciplinary research training groups
- Design of structured PhD programmes on the basis on research questions from inter- and transdisciplinary research fields
- Merging of scientific and practical learning processes
- Research to initiate sustained development enabling society to meet the great social challenges

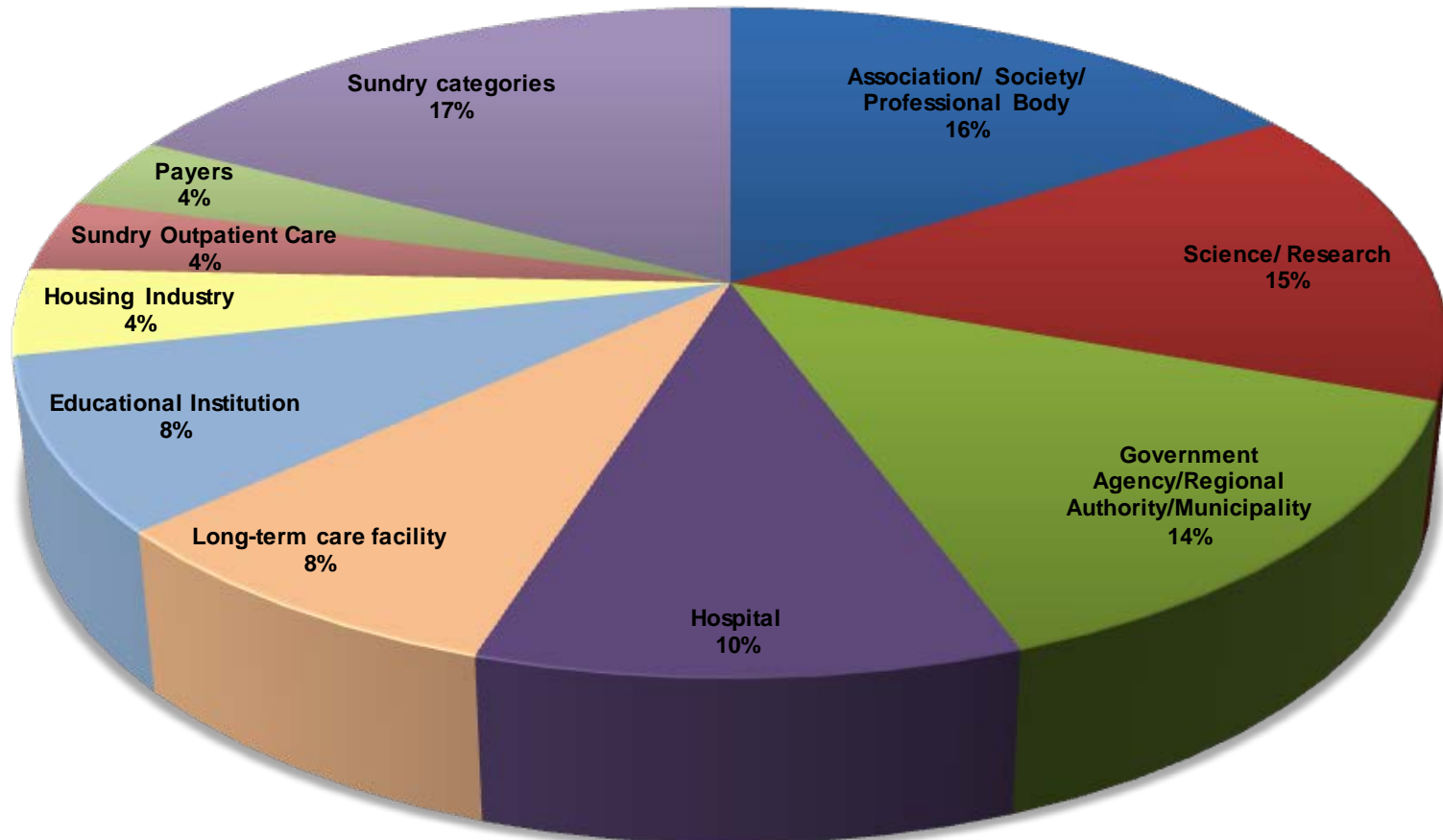
→ Tangible improvements of people’s living environments

Previous Activities: Expert Opinion Poll

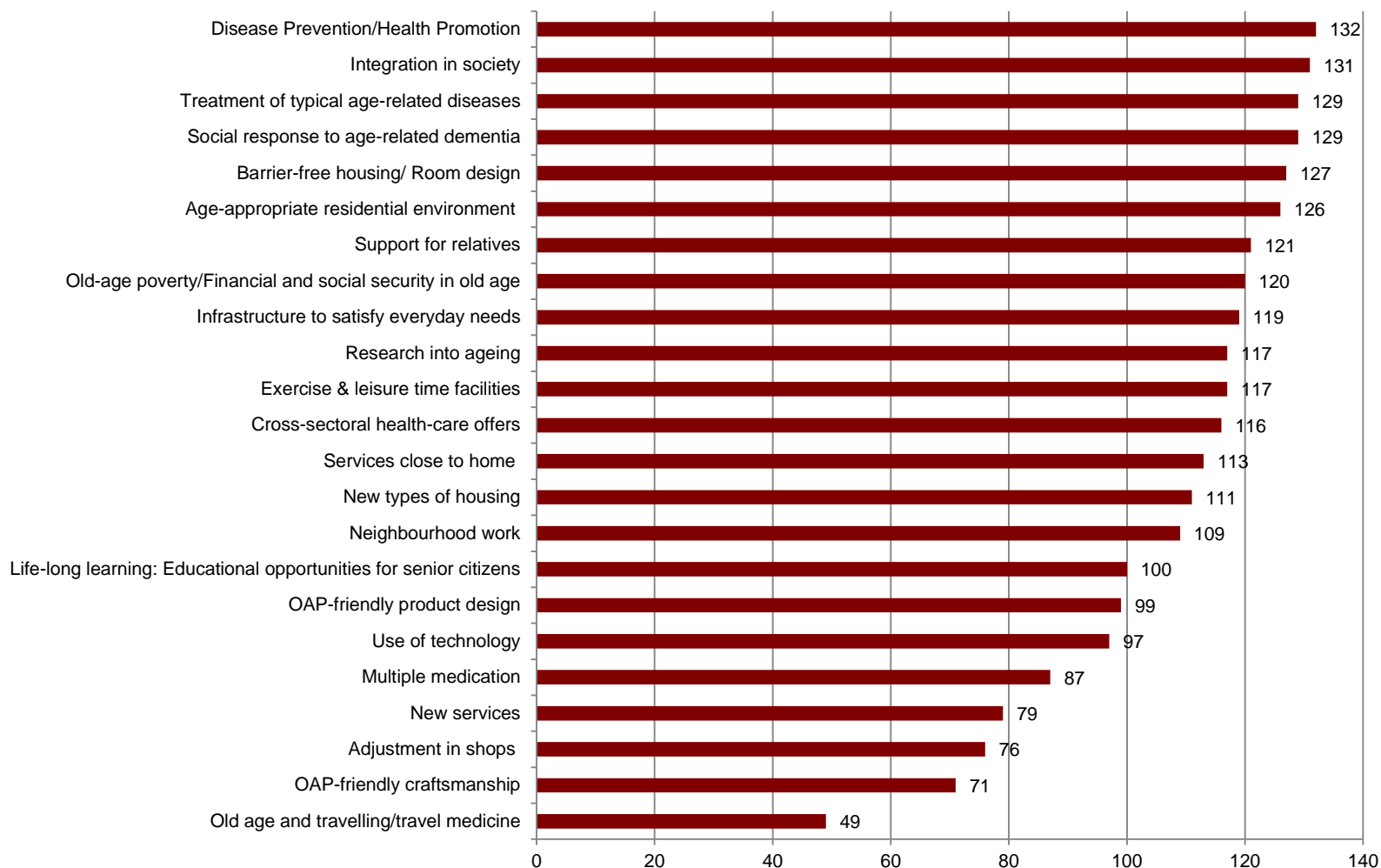
Quality of Life in Old Age - What is missing? Share your knowledge with us?!

- Objective: Identification of fields needing priority action to guarantee a good quality of life for people of old age
- Survey Period: 15th July 2013 - 15th November 2013
- Number of questionnaires distributed by HRCB: 596
- Number of responders: 144
- Institutions willing to join the project 88

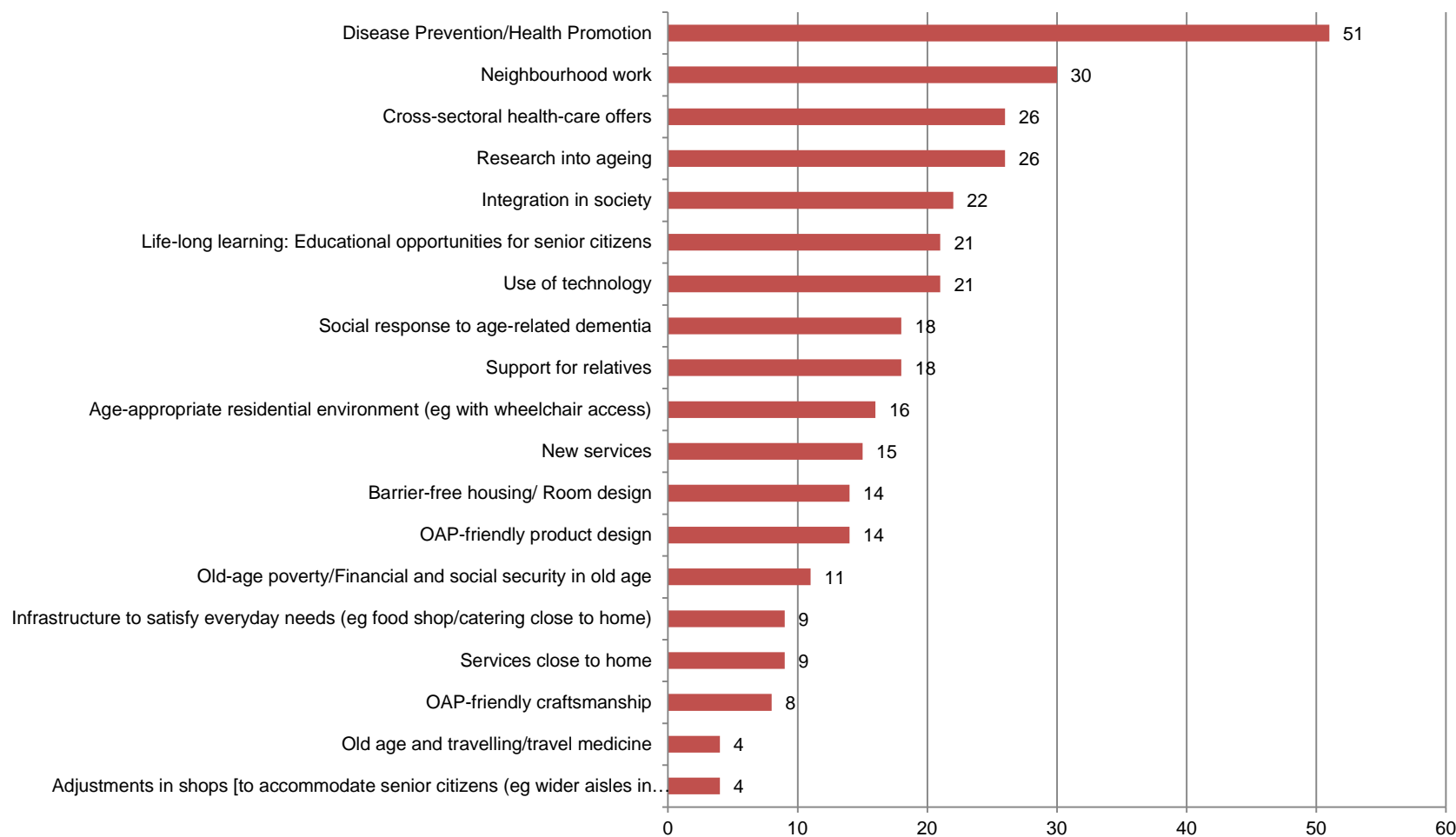
Expert opinion poll: Professional background of polled subjects



Expertenbefragung: Priority action needed in



Expertenbefragung: Willingness to join the project



Establishment of Focus Groups...

... as a working platform for transdisciplinary collaboration between private-sector economy, science and consumers...

First-Session:

- | | |
|---|-----------------|
| 1) Health Promotion and Disease Prevention | 11th March 2014 |
| 2) Housing for the Elderly | 12th March 2014 |
| 3) Geriatric Medicine | 14th March 2014 |
| 4) Integration in Society | 11th April 2014 |

Second Session:

- | | |
|---|------------------|
| 1) Health Promotion and Disease Prevention | 08th. April 2014 |
| 2) Housing for the Elderly | 30th. April 2014 |
| 3) Geriatric Medicine | 02th. Mai 2014 |

Focus Groups

- Working platforms requiring interdisciplinary and cross-sector staffing
- Coordination of: necessary action, research questions, priorities and suggestions for solutions in the specific focal areas
- Consultation results serve as a basis for deepening and refining the work of both the individual focus groups as well as other working platforms

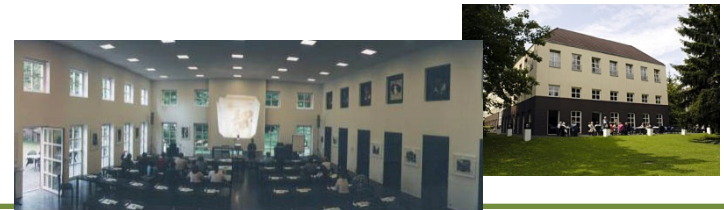


“Regional Innovation Network (“RIN”) 1st Anniversary Meeting on 12th May 2014



12:00 o'clock	Flying Buffet
12:30 till 12:45 o'clock	Opening and welcoming speech by Minister Svenja Schulze
12:45 till 13:05 o'clock	Propositions concerning the 4 focus groups' fields of action – Introduction by the focus group moderators (5 minutes each) <ul style="list-style-type: none">- Health Promotion & Disease Prevention- Housing for the Elderly- Integration in Society- Geriatric Medicine
13:10 till 13:55 o'clock	4 Parallel workshops dealing with the focus group research questions
14:00 till 14:30 o'clock	Closing discussion with the audience and <ul style="list-style-type: none">- Minister Svenja Schulze- one spokesperson from each workshop- Prof. Dr. Wolfgang Goetzke, managing director of the RIN
14:30 o'clock	Snack (coffee and cake)

Venue: Bonn University Club



Other (Planned) Activities

- **Congress on 12th May 2014, attended by Minister Svenja Schulze**
- **Participation in various progress research groups addressing “Demographic Change”**
- **Student projects, in cooperation with Fresenius University of Applied Science**
 - New types of living arrangements for the elderly - Guaranteed quality of life in old age
 - Representative polls to identify the specific needs and requirements of elderly people
- **Cooperation with universities to compile a list of research subjects for student projects and graduation papers**
- **Compilation of a "Healthy Ageing" knowledge base**
 - Thematically relevant projects (science and private-sector economy)
 - Services and offers for senior citizens (consumers)
- **Photo competition**

Thank you very much for your attention!

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